

Jenna Mueller

Education: University of Wisconsin-Milwaukee, Kinesiology.
Certifications: ACE-CPT, First Aid/CPR/AED Certified.



Jennifer just graduated from UW Milwaukee with a bachelors in Kinesiology and a minor in business. She started training the elderly in 2006 and has worked with every age group since. It doesn't matter your age, she'll help you set and reach your goals. Jennifer enjoys trying out new forms of exercise, painting, and traveling in her free time. She can't wait to help you along your fitness journey!

"I never enjoyed exercising until I began working out with my personal trainer, Jenna Mueller, 6 months ago. Since then, I have developed a new belief about myself that I am athletic. My favorite part about working out with her is how she differentiates each workout to best fit my mood. She must have a hundred moves to work each muscle! Her degree in kinesiology makes me feel very secure about her choices with this. I have and will continue to endorse her work to everyone I know who is looking to feel the best they can. I am grateful that I sought Jenna's guidance to help me create the new and improved me!" -Lisa Mohr



Contact Jenna at: 414-698-5765 or muellerjenniferlynn@gmail.com